## ICA ALUMNI SUCCESS STORIES

Highlighting the stories of ICA's incredible alumni

## Samantha VandeRyt

## ICA Class of 2020

Major/Area of Study: Diagnostic Medical Sonography

Current Occupation: Daycare Teacher/Studying to pass DMS registry

Current Location: Cincinnati, Ohio



Name a memorable experience during your time at ICA: In second grade, I got to crown the Mary statue during our May Crowning celebration; that was the highlight of my little life!

How did ICA help shape your career or life after graduation? The many years of Latin classes actually helped me a lot with medical terminology in healthcare! ICA also taught me to stick to my core values, because unfortunately the world will test them.

What advice would you give to current ICA students or ICA alumni who are preparing for high school or college graduation? Don't be afraid to ask for help! There are SO many resources for any trial in your life. The Church is a great one. People are more willing to help than you think. "No Man is an Island", Mr. Harrison taught me that.

What's something you're particularly proud of achieving since graduation? I graduated from my Sonography program in 2024 and I have 1/3 boards completed! But I'm also proud of who I've grown into as an adult, and ICA helped shape that.

How have you given back or stayed connected with your alma mater? I give to the ICA Christmas Appeal and I've donated items to the school in the past. I'm also still great friends with my old classmates.

If you could go back and give your high school self one piece of advice, what would it be? Don't sweat the small stuff. You won't remember the bad grade or embarrassing moments. You'll only remember the good times and the friends and teachers who you loved!

What are some of your passions or interests outside of work? I love a cozy movie night with friends! I also love kids and animals so I babysit often and I try not to steal people's pets.

What is a favorite quote you'd like to share with our alumni and current students?

"You can't go back and change the beginning, but you can start where you are and change the ending." - C.S. Lewis